

Dance Bell Work

Weekly Written Work (week of 10.16.17)

MONDAY 10/16 (Ballet Attire)

- **Bell Work: Strengthening turnout**
 - Advanced:
 - Conditioning Exercises: [Improving Developpes and Leg Extensions for Ballet and Dance | Lazy Dancer Tips](#)
 - Intermediate: **Write out definitions for . . .**
 - Posé: Epaulé: devant and derrière
 - Historical Figure: Pyotr Ilyich Tchaikovsky
 - Movements: [Review Port de bras 1-3](#)
 - Intro: **Write out definitions for . . .**
 - Posé: à la quatrième: devant and derrière
 - Verb: Élancer
 - Movements: [Strengthening Turnout](#)
- **Class Work:**
 - Vaganova Second Class
Choreography

Name _____ Period: _____

TUESDAY 10/17 (Ballet Attire)

Bell Work: Strengthening turnout & turn in homework. Boo Grams Handout.
Service to the Dance Ensemble Reminder

Definitions due Tuesday (intermediate and intro):

Posé:
Historical Figure/Verb:
Movements:

Class Work:

Announce Nutcracker Pieces & Vaganova Second Class Barre and

WEDNESDAY/THURSDAY 10/18 & 10/19 (Ballet Attire)

Watch the Nutcracker (Warner Brothers NYCB)

Complete Nutcracker Note-Taking Sheet

Dance Date Updates:

- During Nutcracker Season Ballet Attire ONLY (except for Advanced Class)
- Boo Grams Sales Monday, October 30th and Tuesday, October 31st. Please have your parents respond to the signup Remind and Email sent out!
- Dance Council Meets Wednesday at Conference.
- Ordered T-shirts handed out on Wednesday at Conference.
- Hip Hop Club Meets Thursday at Conference.

FRIDAY 10/20 (Ballet Attire)

Bell Work: QUIZ!

Class Work: Choreography