

Dance Bell Work

Weekly Written Work (week of 10.23.17)

MONDAY 10/23 (Ballet Attire)

- **Bell Work:** Turn in candy.
 - Advanced:
 - Conditioning Exercises: Repeat developpes exercises with an emphasis on improving battement passe
 - [Improving Developpes and Leg Extensions for Ballet and Dance | Lazy Dancer Tips](#)
 - Intermediate: **Write out definitions for . . .**
 - Posé: [à la quatrième: devant and derrière](#)
 - Historical Figure: Marius Petipa
 - Movements: [Review Port de bras 4-6](#)
 - Intro: **Write out definitions for . . .**
 - Posé: Bras bas (also known as En Bas or Low Fifth)
 - Verb: Étendre (again)
 - Movements: [First Vaganova Port de Bras](#)
- **Class Work:**
 - Vaganova Second Class and Assign Numbers to Classes Still Needing Continue Choreography

Name _____ Period: _____

TUESDAY 10/24 (Ballet Attire)

Bell Work: Turn in homework.

Definitions due Tuesday (intermediate and intro):

Posé:
Historical Figure/Verb:
Movements:

Class Work:
Needing Continue Choreography

WEDNESDAY/THURSDAY 10/25 & 10/26 (Ballet Attire)

BW: Ballet Barre

Class Work: Choreography!

Dance Date Updates:

- During Nutcracker Season Ballet Attire ONLY (except for Advanced Class)
- Boo Grams Sales Monday, October 30th and Tuesday, October 31st. Please have your parents respond to the signup Remind and Email sent out!
- Dance Council Meets Wednesday at Conference.
- Please pick up T-shirts if you have not already!
- Hip Hop Club Meets Thursday at Conference.

FRIDAY 10/27 (Ballet Attire)

Bell Work: QUIZ!

Class Work: Choreography